

MULTILINGUAL PARENT WORKSHOPS 2022-2023

COMMUNITY FAMILY

ACADEMY



WAKE COUNTY
PUBLIC SCHOOL SYSTEM

FAMILY AND COMMUNITY ENGAGEMENT (FACE)

in the Office of Equity Affairs

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Phone: 919-533-7178

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WHAT IS COMMUNITY FAMILY ACADEMY?

The Wake County Public School System (WCPSS) Community Family Academy holds FREE Virtual and Face to Face Parent Workshops and educational events for WCPSS families in various schools and community sites throughout Wake County. From research, we understand that students achieve more when families are involved in their child's education.

We believe that every family function as a learning environment, regardless of its income level, family structure, or ethnic and cultural background. In this respect, every family has the potential to support and improve a child's academic achievement. When families have high expectations for children and encourage them to work hard, they support and promote a child's academic, social, and emotional well-being success.

The purpose of the Family Academy program is to provide families with the necessary academic tools to support the success of their child's education and to bring schools, parents/guardians, families, and community organizations together as equal partners.

SPECIAL EVENTS

WCPSS MAGNET AND EARLY COLLEGE FAIR

WCPSS Early College Fair will take place in **October 15**.

Early College Application **October 15, 2022-December 14, 2023**.

WCPSS Magnet Fair will take place during the day of **November 6, 2022**, please check the district website for dates, location, and time.

Magnet application **October 15, 2022-January 25, 2023**.

FAMILY ACADEMY FACEBOOK PARENT WORKSHOPS IN ARABIC

A GREAT START FOR YOUR KINDERGARTNER!

Day: **Wednesday, August 10, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

BUILDING A POSITIVE RELATIONSHIP WITH YOUR ELEMENTARY SCHOOL CHILD

Day: **Wednesday, August 31, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

NAVIGATING MIDDLE SCHOOL

Day: **Wednesday, September 14, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

GETTING TO KNOW THE U.S.A EDUCATIONAL SYSTEM

Day: **Wednesday, September 28, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

UNPACKING THE SCIENCE OF READING IN ELEMENTARY SCHOOL

Day: **Wednesday, October 12, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

HOW TO APPLY FOR EARLY COLLEGE AND MAGNET SCHOOLS

Day: **Wednesday, October 26, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

NAVIGATING HIGH SCHOOL

Day: **Wednesday, November 2, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

HOW TO ACCESS POWERSCHOOL'S PARENT PORTAL: HOME BASE

Day: **Wednesday, November 16, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

UNPACKING THE SOCIAL MEDIA PLATFORMS

Day: **Wednesday, December 7, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

HOW TO SUPPORT ACADEMIC GROWTH OVER SCHOOL BREAKS

Day: **Wednesday, December 14, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

READING IS FUNDAMENTAL! (K-5 TH)

Day: **Wednesday, January 11, 2023**
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Time: **5:30-6:30pm**

PARENT ADVOCACY AND ENGAGEMENT IN YOUR CHILD’S EDUCATION

Day: **Wednesday, January 25, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **5:30-6:30pm**

DEVELOPING ACADEMIC VOCABULARY AT HOME USING HANDS-ON ACTIVITIES (K-5TH)

Day: **Wednesday, February 1, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **5:30-6:30pm**

COMMUNICATING WITH YOUR TEENAGER EFFECTIVELY

Day: **Wednesday, February 22, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **5:30-6:30pm**

TEACHING YOUR CHILD HOW TO DEAL WITH PEER PRESSURE

Day: **Wednesday, March 1, 2023**
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GETTING READY FOR COLLEGE/UNIVERSITY

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IDENTIFY BULLYING AND PROTECT YOUR CHILD AGAINST IT

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HELPING YOUR CHILD REDUCE TEST STRESS

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PREPARING YOUR CHILD FOR THE END OF GRADE (EOG) AND END OF COURSE (EOC) TEST (3-8TH)

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LEARN HOW TO MOTIVATE YOUR CHILD TO THRIVE IN SCHOOL

Day: **Wednesday, May 17, 2023**

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FAMILY ACADEMY FACEBOOK PARENT WORKSHOPS IN FRENCH

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Time: **5:30-6:30pm**

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Day: **Tuesday, August 16, 2022**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **5:30-6:30pm**

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Day: **Tuesday, September 6, 2022**
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Day: **Tuesday, February 28, 2023**

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Day: **Tuesday, May 23, 2023**

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LEARN HOW TO MOTIVATE YOUR CHILD TO THRIVE IN SCHOOL

Day: **Tuesday, May 30, 2023**
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Time: **5:30-6:30pm**

FAMILY ACADEMY FACEBOOK PARENT WORKSHOPS IN HINDI

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Time: **5:30-6:30pm**

NAVIGATING HIGH SCHOOL

Day: **Monday, November 7, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

HOW TO ACCESS POWERSCHOOL'S PARENT PORTAL: HOME BASE

Day: **Monday, November 21, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **5:30-6:30pm**

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Time: **5:30-6:30pm**

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Day: **Monday, February 6, 2023**

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Time: **5:30-6:30pm**

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Day: **Monday, February 27, 2023**

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IDENTIFY BULLYING AND PROTECT YOUR CHILD AGAINST IT

Day: **Monday, April 17, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **5:30-6:30pm**

HELPING YOUR CHILD REDUCE TEST STRESS

Day: **Monday, April 24, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **5:30-6:30pm**

PREPARING YOUR CHILD FOR THE END OF GRADE (EOG) AND END OF COURSE (EOC) TEST (3-8TH)

Day: **Monday, May 8, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **5:30-6:30pm**

LEARN HOW TO MOTIVATE YOUR CHILD TO THRIVE IN SCHOOL

Day: **Monday, May 22, 2023**
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FAMILY ACADEMY FACEBOOK PARENT WORKSHOPS IN KOREAN

A GREAT START FOR YOUR KINDERGARTNER!

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BUILDING A POSITIVE RELATIONSHIP WITH YOUR ELEMENTARY SCHOOL CHILD

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NAVIGATING HIGH SCHOOL

Day: **Wednesday, November 2, 2022**

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Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

BUILDING A POSITIVE RELATIONSHIP WITH YOUR ELEMENTARY SCHOOL CHILD

Day: **Monday, August 15, 2022**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

NAVIGATING MIDDLE SCHOOL

Day: **Monday, September 12, 2022**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

GETTING TO KNOW THE U.S.A EDUCATIONAL SYSTEM

Day: **Monday, September 19, 2022**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

UNPACKING THE SCIENCE OF READING IN ELEMENTARY SCHOOL

Day: **Monday, October 3, 2022**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

HOW TO APPLY FOR EARLY COLLEGE AND MAGNET SCHOOLS

Day: **Monday, October 17, 2022**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

NAVIGATING HIGH SCHOOL

Day: **Monday, November 7, 2022**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

HOW TO ACCESS POWERSCHOOL'S PARENT PORTAL: HOME BASE

Day: **Monday, November 21, 2022**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

UNPACKING THE SOCIAL MEDIA PLATFORMS

Day: **Monday, December 12, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **6:30-7:30pm**

HOW TO SUPPORT ACADEMIC GROWTH OVER SCHOOL BREAKS

Day: **Monday, December 19, 2022**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **6:30-7:30pm**

READING IS FUNDAMENTAL! (K-5 TH)

Day: **Monday, January 9, 2023**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **6:30-7:30pm**

PARENT ADVOCACY AND ENGAGEMENT IN YOUR CHILD'S EDUCATION

Day: **Monday, January 30, 2023**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **6:30-7:30pm**

DEVELOPING ACADEMIC VOCABULARY AT HOME USING HANDS-ON ACTIVITIES (K-5TH)

Day: **Monday, February 6, 2023**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **6:30-7:30pm**

COMMUNICATING WITH YOUR TEENAGER EFFECTIVELY

Day: **Monday, February 27, 2023**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **6:30-7:30pm**

TEACHING YOUR CHILD HOW TO DEAL WITH PEER PRESSURE

Day: **Monday, March 13, 2023**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **6:30-7:30pm**

GETTING READY FOR COLLEGE/UNIVERSITY

Day: **Monday, March 27, 2023**

Facebook Live: **@WCPSSFamilyAcademy**

Time: **6:30-7:30pm**

IDENTIFY BULLYING AND PROTECT YOUR CHILD AGAINST IT

Day: **Monday, April 17, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

HELPING YOUR CHILD REDUCE TEST STRESS

Day: **Monday, April 24, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

PREPARING YOUR CHILD FOR THE END OF GRADE (EOG) AND END OF COURSE (EOC) TEST (3-8TH)

Day: **Monday, May 8, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

LEARN HOW TO MOTIVATE YOUR CHILD TO THRIVE IN SCHOOL

Day: **Monday, May 22, 2023**
Facebook Live: **@WCPSSFamilyAcademy**
Time: **6:30-7:30pm**

FAMILY ACADEMY COMMUNITY PARENT WORKSHOPS

BEREAN COMMUNITY CENTER

HOW TO ACCESS POWERSCHOOL'S PARENT PORTAL: HOME BASE

Day: **Tuesday, Sep 13, 2022**
Zoom Link: <https://us06web.zoom.us/j/85451493422?pwd=VIYxekpmZm53OTM5c2JjNm90MIBEQT09>
Meeting ID: 854 5149 3422
Passcode: 832108
Time: **7:00-8:00pm**

DEVELOPING GOOD HOMEWORK HABITS

Day: **Tuesday, Oct 11, 2022**
Zoom Link: <https://us06web.zoom.us/j/85451493422?pwd=VIYxekpmZm53OTM5c2JjNm90MIBEQT09>
Meeting ID: 854 5149 3422
Passcode: 832108
Time: **7:00-8:00pm**

TIPS FOR SUCCESSFUL PARENT-TEACHER CONFERENCES

Day: **Tuesday, Nov 8, 2022**
Zoom Link: <https://us06web.zoom.us/j/85451493422?pwd=VIYxekpmZm53OTM5c2JjNm90MIBEQT09>
Meeting ID: 854 5149 3422
Passcode: 832108
Time: **7:00-8:00pm**

HOW TO APPLY FOR EARLY COLLEGE AND MAGNET SCHOOLS

Day: **Tuesday, Dec 13, 2022**
Zoom Link: <https://us06web.zoom.us/j/85451493422?pwd=VIYxekpmZm53OTM5c2JjNm90MIBEQT09>
Meeting ID: 854 5149 3422
Passcode: 832108
Time: **7:00-8:00pm**

CONNECTING YOUR CHILD TO COLLEGE AND BEYOND USING CFNC

Day: **Tuesday, Jan 10, 2023**
Zoom Link: <https://us06web.zoom.us/j/85451493422?pwd=VIYxekpmZm53OTM5c2JjNm90MIBEQT09>
Meeting ID: 854 5149 3422
Passcode: 832108
Time: **7:00-8:00pm**

READING STRATEGIES FOR ELEMENTARY STUDENTS

Day: **Tuesday, Feb 14,, 2022**
Zoom Link: <https://us06web.zoom.us/j/85451493422?pwd=VIYxekpmZm53OTM5c2JjNm90MIBEQT09>
Meeting ID: 854 5149 3422
Passcode: 832108
Time: **7:00-8:00pm**

PREPARING YOUR CHILD FOR THE END OF GRADE (EOG) AND END OF GRADE COURSE (EOC) TESTS (3RD -8TH)

Day: **Tuesday, Mar 14, 2022**
Zoom Link: <https://us06web.zoom.us/j/85451493422?pwd=VIYxekpmZm53OTM5c2JjNm90MIBEQT09>
Meeting ID: 854 5149 3422
Passcode: 832108
Time: **7:00-8:00pm**

HOW TO SUPPORT ACADEMIC GROWTH OVER SCHOOL BREAKS

Day: **Tuesday, Apr, 11, 2022**
Zoom Link: <https://us06web.zoom.us/j/85451493422?pwd=VIYxekpmZm53OTM5c2JjNm90MIBEQT09>
Meeting ID: 854 5149 3422
Passcode: 832108
Time: **7:00-8:00pm**

HELPING YOUR CHILD REDUCE TEST STRESS

Day: **Tuesday, May 9, 2022**
Zoom Link: <https://us06web.zoom.us/j/85451493422?pwd=VIYxekpmZm53OTM5c2JjNm90MIBEQT09>
Meeting ID: 854 5149 3422
Passcode: 832108
Time: **7:00-8:00pm**

FAMILY RESOURCE CENTER

TEACHER YOUR CHILD HOW TO DEAL WITH PEER PRESSURE

Zoom Link: <https://us02web.zoom.us/meeting/register/tZlIcEqvpz0iHNACkakyQorrH4jcpq3J6cyT>
Day: **Thursday, Sep 15, 2022**
Time: **6:00-7:00pm**

UNPACKING THE SOCIAL MEDIA PLATFORMS

Zoom Link: <https://us02web.zoom.us/meeting/register/tZYvc-CrrTMGs9BpJoSGy1rQQ43S7z24KXoo>
Day: **Thursday, Oct 20, 2022**
Time: **6:00-7:00pm**

CONNECTING YOUR CHILD TO COLLEGE AND BEYOND USING CFNC

Zoom Link: https://us02web.zoom.us/meeting/register/tZEkdOurrTMqHNRWm_olHlbQpsJJuJ0SpmMR
Day: **Thursday, Nov 17, 2022**
Time: **6:00-7:00pm**

LEARN HOW TO MOTIVATE YOUR CHILD TO THRIVE IN SCHOOL

Zoom Link: https://us02web.zoom.us/meeting/register/tZYtfuqhqzluHNY9fdpEUxMyczsqtJ1Y_dNk
Day: **Thursday, Jan 19, 2023**
Time: **6:00-7:00pm**

WAYS TO HELP YOUR CHILD DEVELOP THE ORGANIZATIONAL SKILLS

Zoom Link: <https://us02web.zoom.us/meeting/register/tZYpf-ytqDkiGtd1ggjzybtXVNV9JzZi6Wmu>

Day: **Thursday, Feb 16, 2023**

Time: **6:00-7:00pm**

LEARN HOW TO MOTIVATE YOUR CHILD TO THRIVE IN SCHOOL

Zoom Link: https://us02web.zoom.us/meeting/register/tZUkdOigrD8rHdEUM5wdS24d2_KgBnLD0Qmm

Day: **Thursday, Mar 16, 2023**

Time: **6:00-7:00pm**

HELPING YOUR CHILD REDUCE TEST STRESS

Zoom Link: https://us02web.zoom.us/meeting/register/tZUkdOigrD8rHdEUM5wdS24d2_KgBnLD0Qmm

Day: **Thursday, Apr 20, 2023**

Time: **6:00-7:00pm**

WORKSHOP DESCRIPTIONS

A Great Start for Your Kindergartener!

Kindergarten is the first year in your child's elementary education. As parents, you want to make sure that your child loves school and obtains a solid foundation. The parents will learn ten best ways to help their kindergartner succeed in school.

Building a Positive Relationship with Your Elementary School Child

It is essential for a child's emotional and social growth to have a positive relationship with his/her caregivers. Parents will learn how to build a positive relationship with their child by setting appropriate limits and following through on consequences, while showing love and support for their child.

Communicating with Your Teenager Effectively

You and your teen: two different worlds, two different perspectives—and a giant disconnect that can make communicating a real mystery. In this workshop, parents will learn helpful strategies to recognize and break through barriers in communicating with teenagers through the adolescent years.

Connecting Your Child to College and Beyond Using CFNC

CFNC Organization offers help with career and college planning for all age groups, from elementary school students to adults. In this workshop, parents will:

- i. Explore future potential careers for students and colleges that prepare students for these.
- ii. Identify and plan for specific courses students need to take for college
- iii. Identify sources that may help in paying for tuition and how to open a college savings account.
- iv. Learn how to complete the college applications.

Developing Academic Vocabulary at Home Using Hands-on Activities (K-5th)

In this workshop, parents will learn strategies and activities to help build their children's use of academic vocabulary at home.

Developing Good Homework Habits

One of the most important things parents can do is encourage their children to develop good study habits. In this workshop, parents will learn how to help their children develop good homework habits and make it a positive learning experience.

Getting to Know the U.S.A. Educational System

The United States of America Educational System offers a rich field of academic choices and opportunities that may overwhelm students and parents. In this workshop, parents will learn how the U.S. education system is structured and ways to engage in their child's education.

Getting Ready for College/University

It is never too early to begin planning for college. In this workshop, parents will learn about college/university admission, financial aid, scholarship opportunities, and when to start the planning process.

Helping Your Child Reduce Test Stress

Test stress is something that many students struggle with. In fact, Typically, it is unusual to find a student who approaches a big test without a high level of anxiety. In this workshop, parents will learn tips to help their children lessen test stress.

How to Access PowerSchool's Parent Portal: Home Base

HomeBase gives parents and students access to real-time information, such as attendance, grades, and assignments. In this workshop, parents will learn how to access the Home Base portal and navigate the different components.

How to apply for Early College and Magnet Schools

Wake County Early College and Magnet schools create well-rounded students by challenging them with programs tailored to their strengths and exposing them to new experiences. In this workshop, parents will learn what Early College and Magnet Schools are. Parents will also learn when and how to apply to these schools.

How to Support Academic Growth over School Breaks

As children say goodbye to the classroom during school breaks, they often also say goodbye to some of what they learned during the school year. In this workshop, parents will learn strategies to combat learning loss during school breaks.

Identify Bullying and Protect Your Child Against It

Approximately half the children who have been bullied never tell their parents about it. They are often too ashamed to let anyone know. Sometimes they feel that no one can help, not even their parents. In this workshop, parents will learn to recognize different types of bullying and signs that may indicate their children are being bullied. Parents will also learn how to support their children if they are being bullied.

Learn How to Motivate Your Child to Thrive in School

Why is it so hard to motivate kids? As parents, you can't force your child to be self-motivated just because you want to—in fact, you might actually get in the way of their motivation. In this workshop, parents will learn strategies to inspire and motivate their children to thrive in school.

Navigating to High School

Transitioning into high school can be a challenge for students and parents. In this workshop, parents will learn about graduation requirements, schedules, Honor and Advanced Placement courses, Grade Points Averages (GPAs), and extracurricular activities. Parents will also learn about the HomeBase Parent Portal, a real-time information system for attendance, grades, and assignments.

Navigating to Middle School

If your child is going to middle school, don't panic! In this workshop, parents will learn what to expect and what steps to take to ensure their child is ready for a smooth transition. Parents will also learn about the day-to-day school routine, extracurricular activities options, and how to access the HomeBase Parent Portal.

Parent Advocacy and Engagement in Your Child's Education

Parents are often the best educational advocates for their children. Research indicates that being involved in your child's education has a positive correlation with being successful in school. In this workshop, parents will learn how to be engaged in their children's education.

Preparing Your Child for the End of Grade (EOG) and End of Grade Course (EOC) Tests (3rd -8th)

The End-of-Grade (EOG) tests measure students' abilities in various subjects, such as reading, mathematics, and science. The EOG tests are administered during the last three weeks of the school year. In this workshop, parents will be provided with strategies to help their child feel at ease when taking the EOGs.

Reading is Fundamental! (K- 5th)

Reading is fundamental to functioning in society and developing a good self-image. One of the most effective approaches to help a child develop literacy skills is having a home environment that encourages reading daily. In this workshop, parents will learn how to support their children's literacy development and love for reading at home.

Teaching Your Child How to Deal with Peer Pressure

Every day, your child makes decisions based on what the kids around them say and do. Sometimes they make good decisions. They go along with positive peer pressure and make good choices, which help them become better individuals. In this workshop, parents will learn to help their child say yes to positive peer pressure and no to negative peer pressure.

Tips for Successful Parent-Teacher Conferences

Parent-teacher conferences facilitate ongoing home-school communication and family involvement. Years of research demonstrate that family involvement

in education positively benefits children and youth. In this workshop, parents will learn strategies to engage in successful parent-teacher conferences.

Today's Math "I didn't learn math like that!" (K-5th)

Are you struggling to help your children with math homework and are confused by new math? Well, join us in exploring the new K-5 math standards! In this workshop, parents will have an opportunity to learn about the K-5 math standards and how each helps with later success in math. Parents will receive math resources and strategies to help children at home.

Unpacking The Social Media Platforms

Social media is good until a post/tweet/picture causes an uproar and hurts our image and reputation. What are the best ways to use social media? In this workshop, we will share the good, bad, and ugly about texting, tweeting, and posting to social media and how it may affect your children's life. We will help you identify whether children are bullied on social media platforms and how to act before the problem escalates.

Unpacking the Science of Reading in Elementary School

Science of Reading" (SoR) is the evidence-based reading instruction practices that address the acquisition of language, phonological and phonemic awareness, phonics and spelling, fluency, vocabulary, oral language, and comprehension that can be differentiated to meet the needs of individual students. In this workshop, parents will learn the five essential components necessary for effective reading and strategies to support the essential components at home.

Ways to Help Your Child Develop the Organizational Skills

"I know I have the assignment to complete, but I just can't find it." Parents, does this sound familiar to you? If yes, join us in this workshop to learn different tips to help your child organize their class assignments and homework for in-person and online classes.

FOR ADDITIONAL INFORMATION OR QUESTIONS, PLEASE CONTACT:

Dr. MariaRosa Rangel,

Director Family and Community Engagement (FACE)

In the Office of Equity Affairs

5625 Dillard Drive, Cary NC 27518

919-533-7178

familyacademy@wcpss.net

There is no doubt that the development of a true partnership between families, schools and the community have the power to impact students' academic, social, and emotional success.

Special Thanks to the Family Academy Advisory Board composed of educators and local community agencies, organizations, businesses, and schools.

Follow us on Twitter @WcpssfamilyAcad

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